Ingredients

- 1 tablespoon olive oil
- 16 oz ground sweet Italian chicken sausage (can also use pork if desired)
- 8 oz rigatoni uncooked
- 2 cups chicken broth
- 115 oz can diced tomatoes
- 1 cup plain greek yogurt
- 4 cloves garlic minced
- 1 teaspoon Italian seasoning
- 15 oz jar of marinara sauce
- 6 oz fresh spinach

Directions

- Heat 1 tablespoon of olive oil over medium heat in a large skillet.
- 2. Add ground sausage and cook on medium heat for about 5 minutes. Add minced garlic, and cook for 1-2 minutes.
- 3.To the same skillet with sausage, add uncooked rigatoni, chicken broth, Italian seasoning, marinara and diced tomatoes.
- 4. Bring to a boil on medium heat and stir everything well.

 Cover with a lid, and allow the pasta to cook for about 10 to
 15 minutes on medium heat, while the sauce boils. Stir
 occasionally
- 5. Mix aout ¼ cup of hot liquid with greek yogurt in a glass measuring cup. This will temper the greek yogurt, and prevent it from curdling. Add mixture to the skillet and mix gently.
- Add fresh spinach, and cook on medium heat, stirring frequently for a couple of minutes, until the spinach wilts
- 7. Remove from heat, top with fresh parmesan cheese, and enjoy!

MADE WITH LOVE

by Teresa Forehand