

Crispy Chicken Wraps

Base Ingredients:

Wraps (*tortilla shells or spinach wraps work well!*) & Frozen Chicken (*I like the airfried version*)

Honey Mustard Chicken Wrap

- Chopped pickles
- Lettuce
- Tomatoes
- Shredded colby jack cheese
- Honey mustard (*I prefer Primal*)

BBQ Chicken Wrap

- Bbq sauce (*I prefer Primal*)
- Shredded cheese
- Red onion
- Tomato
- Banana pepper

Ceasar Chicken Wrap

- Parmesan cheese
- Cesar dressing
- Tomato
- Lettuce

Hot Honey Chicken Wrap

- Roasted red peppers (in a jar)
- Lettuce
- Cheese
- Hot honey

Buffalo Chicken Wrap

- Carrot
- Avocado
- Shredded cheese
- Buffalo sauce (*I prefer Primal*)
- Lettuce
- Tomato

MADE WITH LOVE

by Teresa Forchard