

FIESTA GROCERY LIST

Produce

- 1/2 onion, chopped
- 1 small onion, diced
- 3-4 medium zucchini (diced)
- 1 bell pepper (cut into thin strips)
- 1/2 red bell pepper (diced)
- 2 cloves garlic, minced
- 1/4 cup fresh cilantro (chopped)
- 1/2 cup fresh cilantro (divided)
- 1 lime (zested and juiced, plus cut into wedges)
- 1/2 tablespoon honey
- 1/4 cup sweet onion (chopped)
- 1/2 cup tomatoes (finely diced)
- 2 tablespoons fresh cilantro (chopped)

Meat

- 1 pound lean ground beef or turkey
- 4 organic boneless skinless chicken breasts (6 oz each)

Dairy

- 1 lb white American cheese (shredded)
- 1 cup milk
- 1 cup Mexican Blend cheese
- 4 oz cotija cheese (crumbled)

Canned Goods

- 2 cans refried beans
- 1 cup of your favorite salsa
- 8 ounces tomato sauce

Sauces

- 1/2 cup salsa of choice
- 1/4 cup beef broth
- 1 cup vegetable or chicken broth
- 1/4 1/2 cup low sodium chicken broth

<u>Seasonings</u>

- 2 1/2 TBS taco seasoning
- 1 tsp kosher salt
- Black pepper, to taste
- 1/2 teaspoon cumin
- 1/2 teaspoon chili powder
- 1/2 teaspoon garlic powder

Baking & Cooking

- 1 tablespoon olive oil
- 1/2 tablespoon olive oil
- 2 tablespoons extravirgin olive oil

Note: This is the grocery list for 1 serving of each recip<mark>e, you</mark> will need to double/triple according to your number of guests!

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