

Almond Joy Granola Bites

Ingredients:

- 3 cups rolled oats
- ½ cup chia seeds
- 1/2 cup vanilla protein powder
- 1 ½ cups creamy almond butter
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- 1/2 cup maple syrup
- ½ cup slivered almonds
- 2 TBS water
- ⅓ cup white chocolate chips
- 1 TBS coconut oil

Directions

1. In a large mixing bowl, mix your oats with protein powder until combined.
2. Mix almond butter and syrup in a microwave safe bowl and heat for 30-45 seconds. Add almond butter mixture, chia seeds and almonds and mix well.
3. Lightly wet your hands (or spray them with cooking spray). Form 20-24 small balls of dough (use some muscle here! If they aren't sticking together, add 1-2 TBS of water) Place on a baking sheet lined with parchment paper
4. Melt white chocolate and coconut oil in the microwave for about 30 seconds and drizzle on top of energy balls. plate and refrigerate until firm.
5. Store in an airtight container in the fridge

MADE WITH LOVE

by Teresa Forchard