- Cheesy Chicken Enchiladas

Ingredients:

- 8 whole grain tortillas
- ¹/₂ can refried beans
- 1 cup of salsa
- 2 TBS taco seasoning
- 2 cups diced or shredded rotisserie chicken
- 2 TBS olive oil
- 2 TBS flour
- 1½ cups chicken broth
- 1 can of rotel

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by Teresa Forehand

- 1½ cups plain greek yogurt
- 11/2 cup mexican blend cheese

Directions

- 1. Preheat oven to 400 °F. Spray 9 x 13 dish with olive oil
- 2. Mix together rotisserie chicken, refried beans, salsa and taco seasoning.
- 3.Lay out tortilla and place generous amount of mixture in the center of each tortilla. roll up and place in 9 x 13 dish. Repeat with all 8 tortillas
- 4. Add olive oil and flour to small sauce pan and heat over medium heat for about a minute. Whisk in chicken broth and Rotel and bring to a gentle boil. Turn off heat and mix ¼ cup of the liquid with greek yogurt in a small mixing bowl (this will temper the greek yogurt and prevent it from curdling). Then add the greek yogurt to the rest of the chicken broth. Add 1 cup of Mexican cheese to the sauce pan and mix together.
- 5. Pour cheese sauce over the enchiladas. Sprinkle Mexican cheese on top, and bake for 20 minutes.
 6. Enjoy!