

Morning Routine

AS A WORK FROM HOME MOM OF 3

5:00am	Wake up & Drink 8 oz water
5:05-5:10am	Skin Care Routine & Make Tea
5:10-5:25am	Read Devotional, Affirmations, Gratitude
5:25- 6:30am	Change, Get breakfast out for kids, Workout
6:30-6:50am	Kids up, Eat breakfast, Make beds
6:50-7:10am	Kids change, Make lunches, Pack bags
7:15-7:30am	Play, Finish getting ready
7:30-8:00am	Bigs leave for school, Walk dogs
8:00-8:20am	Make smoothie, Clean kitchen up
8:30-9:00am	Get ready for the day