

Mini Breakfast Casserole

Ingredients:

- 8 eggs
- 2 cups milk
- 2 cups light cheddar cheese or any light cheese your prefer
- 5 cups cubed bread (I use sourdough)
- 1 pound cooked breakfast sausage- can use turkey or pork
- 1 tsp dry mustard
- 1 tsp kosher salt
- 1/2 tsp ground pepper

Directions

1. Brown sausage in medium skillet over medium high heat until no longer pink. Drain excess fat.
2. In large mixing bowl whisk together eggs, milk, salt, pepper and ground mustard
3. Spray muffin tins well with olive oil spray or use silicone muffin liners (those work best) Add a few pieces of cubed bread and about 1 TBS of cheese to each cupcake tin. Next, fill with egg mixture.
4. Bake at 350 degrees for 25 to 30 minutes, or until eggs are firm. Enjoy!

MADE WITH LOVE

by Teresa Forehand

Cafe Delites
for all good food lovers