

# Mini Cheese & Bean Quesadilla

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## Ingredients:

- ½ cup canned refried pinto OR black beans
- 2 teaspoons taco seasoning
- ½ cup favorite salsa
- ½ cup Mexican blend shredded cheese
- 4 mini tortillas - I used corn

## Directions

1. In a medium bowl mix together beans, salsa and taco seasoning
2. Place the mini tortillas on a grill pan heated with the about 1 tablespoon of olive oil. Divide the mixture into half of each of the mini tortillas. Add cheese on top and fold the tortillas over.
3. Cook the tortillas on medium-high heat until the crust is crispy and the cheese has melted, about 2 minutes per side.
4. Serve with salsa and/or sour cream, if desired

MADE WITH LOVE

by Teresa Forchand