

# Pesto Chicken and Quinoa

## Ingredients:

- 2 lbs boneless, skinless chicken breasts
- 3/4 cup uncooked quinoa
- 1.5 cups low-sodium chicken broth
- 1 red bell pepper diced
- 14.5oz can fire roasted diced tomatoes  
OR crushed tomatoes
- juice & zest of one lemon
- 1 red onion, diced
- ½ cup pesto
- ½ cup- 1 cup shredded mozzarella cheese

## Directions

1. Dice chicken into bite size chunks and season with salt and pepper. Chop other veggies.
2. Add all ingredients to crockpot and cook on low for 6-8 hours on low setting.
3. Remove lid, and stir well. Taste and add salt and pepper if needed. Top with shredded mozzarella cheese and replace lid. Let cheese melt- takes about 10 minutes
4. Drizzle with pesto on top, and enjoy!

MADE WITH LOVE

by Teresa Forchand