

White Chocolate Raspberry Energy Bites

Ingredients:

- 1/2 cup creamy almond butter
- 3 tablespoons honey
- 1/2 teaspoon vanilla extract
- 1/4 teaspoon almond extract, optional
- 3/4 cup old fashioned oats
- 3 tablespoons vanilla protein powder
- 1/4 teaspoon sea salt
- 1/4 cup freeze-dried raspberries
OR dried strawberries
- 3 tablespoons white chocolate chips

Directions

1. In a medium bowl, combine the almond butter, honey, vanilla extract, and almond extract, if using. Stir with a spatula until smooth.
2. Add the oats, protein powder, and sea salt; stir until well combined. Stir in the freeze-dried raspberries and white chocolate chips.
3. Roll the mixture into balls, about 1 tablespoon per ball. You can also use a cookie scoop to form the balls.
4. Place in an airtight container and keep refrigerated for up to 2 weeks.

MADE WITH LOVE

by Teresa Forchard