

Cheddar Ranch Chicken Burgers

INGREDIENTS

- **2 lbs ground chicken**
- **1 egg**
- **1/2 cup plain bread crumbs**
- **1 oz ranch seasoning mix**
- **1/2 cup finely shredded cheddar cheese**

Optional Toppings:

- Buns
- Grilled onions
- Bacon
- Lettuce
- Tomatoes
- Ranch dressing
- Pickles

DIRECTIONS

1. In a mixing bowl, combine all the patty ingredients: ground chicken, egg, bread crumbs, ranch seasoning mix, and shredded cheddar cheese. Mix until evenly incorporated.
2. Cover a baking sheet or a large cutting board with parchment paper. Shape the mixture into burger patties. Shape all the patties before starting to cook so that they cook at the same time.
3. Preheat a large cooking pan or grill over medium heat and add a little oil. Cook the burgers for 6-8 minutes on each side, depending on the size of the burgers, until fully cooked.
4. *Optional: Place burgers on a bun or a lettuce wrap and add desired toppings*

5 Ingredient
5 Dinners

by Teresa Forchand