

Tuna Salad

INGREDIENTS

- 2 10 oz Canned tuna
- 2 ribs of celery, chopped
- 4 Green onions, chopped (use the entire thing)
- 1/4 cup chopped Peperoncini
- 1/4 cup olive oil or avocado oil based Mayonnaise
- 1/2 cup red onion, chopped
- 1 TBS peperocini juice
- 1/4 tsp Black pepper
- 1/4 tsp Salt

DIRECTIONS

1. Place the tuna in a shallow bowl and mash it with a large fork or you can put in in your mixer and use the flat beater
2. Add the celery, green onion, chopped peperoncini, peperoncini juice, mayo, salt and black pepper and mix until fully combined. (Taste and adjust your seasonings, if needed.)
3. Serve with your favorite crackers and enjoy!