

Simple Lime Vinaigrette Salad

INGREDIENTS

- 4 cups chopped romaine or spring mix
- 1 cup cherry tomatoes, halved
- 1/2 cucumber, thinly sliced
- 1/4 cup red onion, very thinly sliced (optional)
- 1/2 avocado, diced
- *Optional: tortilla strips, cotija cheese, or pepitas for topping*

For Vinaigrette:

- 3 tbsp olive oil
- 2 tbsp fresh lime juice (about 1 lime)
- 1 tsp honey or maple syrup
- 1/2 tsp Dijon mustard (helps emulsify)
- 1 small garlic clove, minced or grated
- Salt & pepper to taste

DIRECTIONS

1. Whisk together all vinaigrette ingredients in a small bowl or shake in a jar until well combined.
2. In a large bowl, toss together the salad ingredients.
3. Drizzle with vinaigrette just before serving and toss gently.
4. Top with any extras like tortilla strips or cotija if using.