

Garlic Asparagus

INGREDIENTS

- 1 bunch asparagus, trimmed
- 1 tbsp oil
- 1-2 tbsp butter
- 2 cloves garlic, minced
- Salt + pepper
- *Optional: squeeze of lemon*

DIRECTIONS

1. Heat oil on griddle over medium heat.
2. Add asparagus → cook 4-6 minutes until tender with slight char.
3. Add butter + garlic → toss 1-2 minutes.
4. Season + finish with lemon if using.